

Coral Gables news

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Miami Urology & Sexual Wellness Institute delivers comprehensive, cutting-edge care

BY NANCY EAGLETON

Miami Urology & Sexual Wellness Institute recently opened in Coral Gables Medical Plaza and its modern, sophisticated suite is a reflection of the advanced treatment options offered by its medical director, urologist William M. Figlesthler, M.D.

Dr. Figlesthler combines state-of-the-art technology and unsurpassed expertise to achieve successful outcomes in the treatment of bladder control disorders, erectile dysfunction, kidney stones and kidney disease, prostate enlargement and prostate cancer. Dr. Figlesthler also performs vasectomies and reversals and da Vinci robotic surgery.

"Urological problems can have a huge impact on an individual's quality of life," Dr. Figlesthler explained. "Our goal is to help our patients achieve urological wellness, improved overall health and ultimately, uncompromised quality of life."

Dr. Figlesthler's multifaceted treatment approach begins with a thorough patient history and diagnostic tests, as indicated. In many cases, the recommended treatment plan consists of the least invasive treatments such as lifestyle changes, medical therapy and biofeedback.

If surgery is needed, Dr. Figlesthler combines cutting-edge technique and technology to achieve the best results. The treatment goal not only encompasses correction or cure, but preservation of bladder control, recovery of sexual function and return to normal activities.

"I perform all surgeries using minimally invasive techniques," Dr. Figlesthler said. "Robotic surgery results in reduced pain and blood loss, reduced tissue trauma, a shorter hospital stay and a quicker recovery period than open surgery."

Among Dr. Figlesthler's interests is the treatment of prostate cancer. He was the first physician to offer robotic prostatectomy in southwest Florida beginning in



Coral Gables Medical Plaza welcomes urologist William M. Figlesthler, M.D., and his team to its family of quality healthcare providers.

2005, and has now performed nearly 1500 procedures using the da Vinci robot. He and his team also use this same minimally invasive technique to treat kidney, urogynecological, adrenal and bladder disorders and cancer.

Dr. Figlesthler opened his new Coral Gables center after selling his successful practice that consisted of eight urology offices and three surgery centers located on Florida's west coast. He built that practice over a 17-year period. Dr. Figlesthler has treated patients with robotic surgery from across the country and internationally. He has been named one of Castle Connolly's Top Doctors for eight years and running.

Dr. Figlesthler is a cum laude alumnus of Wake Forest University and graduated with honors from the University of North Carolina School of Medicine. He completed his urological surgery training at the University of Kentucky, Albert B. Chan-

dlar Medical Center.

Dr. Figlesthler says his new state-of-the-art suite in Coral Gables Medical Plaza allows him and his highly-skilled staff to treat each patient in a spa-like setting with an emphasis on comfort and confidentiality.

"The building is ideally located, well-appointed and maintained, safe and has ample covered parking for my patients," he added. "There also are many high-quality medical practices in the building, which is a convenience for many patients."

Miami Urology & Sexual Wellness Institute is located in the Coral Gables Medical Plaza, 2601 SW 37 Avenue, Suite 607. For more information, call 786-540-4000 or visit www.muswi.com.

For more information on Coral Gables Medical Plaza, managed by Healthcare Realty, contact Wayne E. Stringer, president, Stringer Realty Services, Inc., at 305-772-2801.